

**Family Health Centers Presents**

# Parenting the Love and Logic Way®

*This parenting program is designed to give you practical skills that you can use immediately!*



*Parenting the Love and Logic Way* is a “how to” approach to parenting.

**Participants will learn:**

- ★ How to avoid un-winnable power-struggles and arguments
- ★ How to set enforceable limits
- ★ How to avoid enabling and begin empowering
- ★ How to help kids learn from mistakes rather than repeating them
- ★ How to raise kids who are family team members rather than honored guests

The *Love and Logic* approach is fun. You’ll giggle, relax and enjoy.

- Where:** Methow Valley Elementary Library  
**Time:** 5:15-7:15 pm, arrive between 5-5:15 pm  
**Dates:** March 2, 9, 16, 23, 30, and April 13 (last one is after spring break)  
**Cost:** FREE (class, child care and pizza included)  
**Register:** Please register online, links have been sent to all K-5 families

Kate Posey with Family Health Centers will be offering this 6-week class series at MVE (one, 2hr. session per week). Contact Kate Posey with questions at (509) 422-1916.



Facilitators of the *Parenting the Love and Logic Way*® Program are independent and are not employees of the Love and Logic Institute.