

Food Allergy Information for School

Student Name: _____ Date of birth _____ Date _____

Parent/Guardian: _____ Phone _____ Cell/work _____

Health Care Provider treating food allergy: _____ Phone _____

Do **you think** your student's food allergy may be **life-threatening**? No Yes
(If YES, please see the school nurse as soon as possible)

Does your student's **health care provider think** the food allergy may be **life-threatening**? No Yes
(If YES, please see the school nurse as soon as possible)

History and Current Status

Check the foods that have caused an allergic reaction:

- | | | |
|---|--|-------------------------------|
| <input type="checkbox"/> Peanuts | <input type="checkbox"/> Fish/shellfish | <input type="checkbox"/> Eggs |
| <input type="checkbox"/> Peanut or nut butter | <input type="checkbox"/> Tomato products | <input type="checkbox"/> Milk |
| <input type="checkbox"/> Peanut or nut oils | <input type="checkbox"/> Tree nuts (walnuts, almonds, pecans, etc) | |

Please list any others: _____

How many times has your student had a reaction? Never Once More than once, explain: _____

When was the last reaction? _____

Are the food allergy reactions: staying the same getting worse getting better

Triggers and Symptoms

What has to happen for your student to react to the problem food(s)? *(Check all that apply)*

- Eating foods Touching foods Smelling foods Other, please explain: _____

What are the signs and symptoms of your student's allergic reaction? *(Be specific; include things the student might say.)*

How quickly do the signs and symptoms appear after exposure to the food(s)?

_____ seconds _____ minutes _____ hours _____ days

Treatment

Has your student ever needed treatment at a clinic or the hospital for an allergic reaction?

- No Yes, explain: _____

Does your student understand how to avoid foods that cause allergic reactions? Yes No

What treatment or medication has your Health Care Provider recommended for use in an allergic reaction?

Have you used the treatment? No Yes Does your student know how to use the treatment? No Yes

Please describe any side effects or problems your child had in using the suggested treatment: _____

If you need medication to be available at school, have you filled out a medication form to be used at school?

- Yes
 No, I need to get the form, have it completed and return it to school with any needed medication

If medication is needed at school, have you brought the medication/ treatment supplies to school?

- Yes
 No, I need to get the medication/treatment and bring it to school

What do you want us to do at school to help your student avoid problem foods?

Parent/Guardian Signature _____ Date _____

NCESD rev 4/13/07 History Food Allergy RN Signature _____ Date _____